

Pain Relief for Pressure Sensitive "Tender Points" in Fibromyalgia Patients Through Application of 024™ Essential Oil Pain Neutralizer

Summary

The study consisted of 41 women suffering from fibromyalgia (average age 49.9 years) were subjected to a five day treatment with 024™ Essential Oil Pain Neutralizer

In the fibromyalgia patients, the bilateral tender points over the lateral epicondyles were treated with three daily applications (morning, noon and evening) of 024™ Essential Oil Pain Neutralizer. The patients kept a pain journal documenting the intensity of the pain one hour after application of the preparation on the basis of a visual analogue scale ranging from 0 to 100.

The results of the five day application study showed a significant pain reduction by approximately 61% compared with the initial pain experienced at the onset of the study.

Introduction

The 024™ Essential Oil Pain Neutralizer preparation is a mixture of essential oils that does not contain any additives such as alcohol or other stabilizers. This makes the preparation universally applicable and allows it to be applied both to mucous membranes and to wounds. Various studies showed that patients suffering from sports injuries and contusions experienced a quick reduction of the swelling and speedy recovery after local applications of the preparation.

Pain in muscles, tendons and ligaments was significantly reduced after application of 024™ Essential Oil Pain Neutralizer, and patients suffering from infections of the upper respiratory tract experienced a rapid decongestion of the nasal mucosa and clearing of the respiratory tract.

Further studies also showed that the preparation also benefited patients who had undergone major surgery, all of which displayed a marked reduction of the use of analgesics.

On account of the analgesic effect demonstrated in these studies, it was decided to examine whether the relief of pain symptoms also applied to patients suffering from fibromyalgia, in particular with a view to pressure-sensitive "tender points".

Patients & Methodology

The study comprised 41 women (average 49.9 years) who had been suffering from Fibromyalgia over several years. After performing the required diagnosis by exclusion, the diagnosis was established pursuant to the AJCR criteria established in 1990.

All tested patients were subjected to treatment of the bilateral tender points over the lateral epicondyles with 024™ Essential Oil Pain Neutralizer three times a day (morning, noon and evening). 024™ Essential Oil Pain Neutralizer contain highly concentrated purely natural essential oils, derived from peppermint, rosemary, white camphor, eucalyptus, oranges and lemons, with aloe vera added for skin care.

The 024™ Essential Oil Pain Neutralizer preparation was applied to the tender points with a pad three times a day on five consecutive days, with the intensity of pain documented in a pain journal one hour after application on the basis of a visual analogue scale ranging from 0 to 100. The values thereby obtained were subsequently evaluated statistically to calculate their significance.

Conclusion

In the patients suffering from fibromyalgia examined in the course of this study, the application of 024™ Pain Relief three times a day over a period of 5 days resulted in a significant pain relief by approximately 61%. According to this study, the patients suffered from an average initial pain intensity of 78% (VAS). The average value of pain intensity on the fifth day of treatment was 48% (VAS).

This is equivalent to a pain reduction of 61%, illustrating that the preparation offers an excellent efficacy.

Side effects, even minor ones such as skin irritations, were not observed in any of the patients.

024™ Essential Oil Pain Neutralizer has a quick-acting cooling effect and is therefore especially suited for injuries, contusions and sprains. To loosen tensions, Pain Relief should be massaged into the affected areas in rotary movements with light pressure. The preparation unfolds its effect immediately.

On account of its excellent efficacy and tolerance, the preparation can thus be recommended to patients suffering from fibromyalgia to support their analgesic therapy.

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